



Confidence - Text based tasks 1

English

A . Text-based tasks

① Decide whether the statements are true, false or not in the text.

| | true | false | not in the text |
|---|-----------------------|-----------------------|-----------------------|
| Confidence means to be ashamed of yourself. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Your goals should be achievable and concrete. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| We are all the same. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| There are plenty of motivational trainings. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Knowing that you are already great the way you are right now ,is crucial. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Best is to ban your devices from your room before going to bed. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

② Finish the sentences using the information given in the text.

- Before going to bed you should ...

- Your peers can ...

- To be confident you have to ...





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③ Answer the questions in complete sentences.

- What varies because we are individual?

- What helps to see things clearer?

- Describe the really important concept mentioned at the end of the text.

④ Ask questions. Use four different question forms.

You are talking to your best friend about confidence. You want to know about his/her confidence. Ask questions.

