



Confidence - Text based tasks 1

English

A . Text-based tasks

① Decide whether the statements are true, false or not in the text.

	true	false	not in the text
Confidence means to be ashamed of yourself.	☐	☐	☐
Your goals should be achievable and concrete.	☐	☐	☐
We are all the same.	☐	☐	☐
There are plenty of motivational trainings.	☐	☐	☐
Knowing that you are already great the way you are right now ,is crucial.	☐	☐	☐
Best is to ban your devices from your room before going to bed.	☐	☐	☐

② Finish the sentences using the information given in the text.

- Before going to bed you should ...

- Your peers can ...

- To be confident you have to ...





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English

③ Answer the questions in complete sentences.

- What varies because we are individual?

- What helps to see things clearer?

- Describe the really important concept mentioned at the end of the text.

④ Ask questions. Use four different question forms.

You are talking to your best friend about confidence. You want to know about his/her confidence. Ask questions.

