



# AB, INFO: Compassion

English R, E 6

Name LP

Name LB

Date



**Watch the animation about  
'Where Does Compassion Really Come From?'**



① **True or false? Tick the correct statement.**

|                                                                        | true                  | false                 |
|------------------------------------------------------------------------|-----------------------|-----------------------|
| When he went into the store he noticed that she had a beautiful voice. | <input type="radio"/> | <input type="radio"/> |
| The two friends went into the store together.                          | <input type="radio"/> | <input type="radio"/> |
| Compassion can be learnt.                                              | <input type="radio"/> | <input type="radio"/> |
| The best is to not pay attention to others.                            | <input type="radio"/> | <input type="radio"/> |





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All necessary vocabulary  
can be found on Quizlet



Listen to the text

## Compassion

Compassion means to recognize the suffering of another and then take action to help. It means you care about others, treat them with kindness and feel a strong desire to help people in need.

Sympathy means you can understand what the person is feeling.

Empathy means you feel what the other person is feeling.

**Whenever you do or say something think about 'how would I feel?'**

① Which statement is correct and which is incorrect? Tick the statements.

|                                                    | correct               | incorrect             |
|----------------------------------------------------|-----------------------|-----------------------|
| Never think about what you do or say.              | <input type="radio"/> | <input type="radio"/> |
| Sympathy means to feel the other person's feeling. | <input type="radio"/> | <input type="radio"/> |
| Helping is a form of compassion.                   | <input type="radio"/> | <input type="radio"/> |
| Only help people you know.                         | <input type="radio"/> | <input type="radio"/> |





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## ② Answer the following questions in German.

a) Was bedeutet Mitgefühl?

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b) Nenne drei Dinge, die mitfühlend sind.

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c) Was bedeutet Sympathie?

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## ③ Answer the question in German.

- What could you do to make others feel good ?

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Watch this animation about  
'Compassion & Gratitude:  
Loving Kindness Mindfulness'



① What can you see outside in a park?

- ☐ You can see a classroom.
- ☐ You can see trees, the sun and maybe the blowing wind.
- ☐ You can see chairs and tables.

② Can you feel your belly moving ...

- ☐ over and out.
- ☐ before and after.
- ☐ up and down.

③ Which statements are correct and which are incorrect?

|                                                                            | correct               | incorrect             |
|----------------------------------------------------------------------------|-----------------------|-----------------------|
| You can extend your hands out like branches of a flower.                   | <input type="radio"/> | <input type="radio"/> |
| The meditation is mostly about breathing.                                  | <input type="radio"/> | <input type="radio"/> |
| The video shows us how to work better.                                     | <input type="radio"/> | <input type="radio"/> |
| The meditation is helping us to take our minds off to relax and feel good. | <input type="radio"/> | <input type="radio"/> |

④ List the body parts mentioned in the meditation.

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