

# AB, INFO: Compassion

English R, E 6

Name LP

Name LB

Date



Watch the animation about  
'Where Does Compassion Really Come From?'



## ① True or false? Tick the correct statement.

	true	false
When he went into the store he noticed that she had a beautiful voice.	<input type="radio"/>	<input type="radio"/>
The two friends went into the store together.	<input type="radio"/>	<input type="radio"/>
Compassion can be learnt.	<input type="radio"/>	<input type="radio"/>
The best is to not pay attention to others.	<input type="radio"/>	<input type="radio"/>



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All necessary vocabulary  
can be found on Quizlet



Listen to the text

## Compassion

Compassion means to recognize the suffering of another and then take action to help. It means you care about others, treat them with kindness and feel a strong desire to help people in need.

Sympathy means you can understand what the person is feeling.

Empathy means you feel what the other person is feeling.

**Whenever you do or say something think about 'how would I feel?'**

① Which statement is correct and which is incorrect? Tick the statements.

	correct	incorrect
Never think about what you do or say.	<input type="radio"/>	<input type="radio"/>
Sympathy means to feel the other person's feeling.	<input type="radio"/>	<input type="radio"/>
Helping is a form of compassion.	<input type="radio"/>	<input type="radio"/>
Only help people you know.	<input type="radio"/>	<input type="radio"/>





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## ② Answer the following questions in German.

a) Was bedeutet Mitgefühl?

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b) Nenne drei Dinge, die mitfühlend sind.

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c) Was bedeutet Sympathie?

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## ③ Answer the question in German.

- What could you do to make others feel good ?

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Watch this animation about  
'Compassion & Gratitude:  
Loving Kindness Mindfulness'



① What can you see outside in a park?

- You can see a classroom.
- You can see trees, the sun and maybe the blowing wind.
- You can see chairs and tables.

② Can you feel your belly moving ...

- over and out.
- before and after.
- up and down.

③ Which statements are correct and which are incorrect?

	correct	incorrect
You can extend your hands out like branches of a flower.	<input type="radio"/>	<input type="radio"/>
The meditation is mostly about breathing.	<input type="radio"/>	<input type="radio"/>
The video shows us how to work better.	<input type="radio"/>	<input type="radio"/>
The meditation is helping us to take our minds off to relax and feel good.	<input type="radio"/>	<input type="radio"/>

④ List the body parts mentioned in the meditation.

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