



AB: How to stay healthy in the digital world

English Listening R, E 6

Staying healthy in the digital world



Watch the video about 'Kids React to Giving Up Social Media for a Week'



① True or false? Tick the correct statement.

	true	false
The kids love the idea of a digital detox!	☐	☐
The kids have to give up their social media life for one week.	☐	☐
For some kids it is getting easier and easier.	☐	☐
The kids think their parents could make the challenge.	☐	☐

② What do you think about digital detox? Collect your thoughts in a mindmap.

