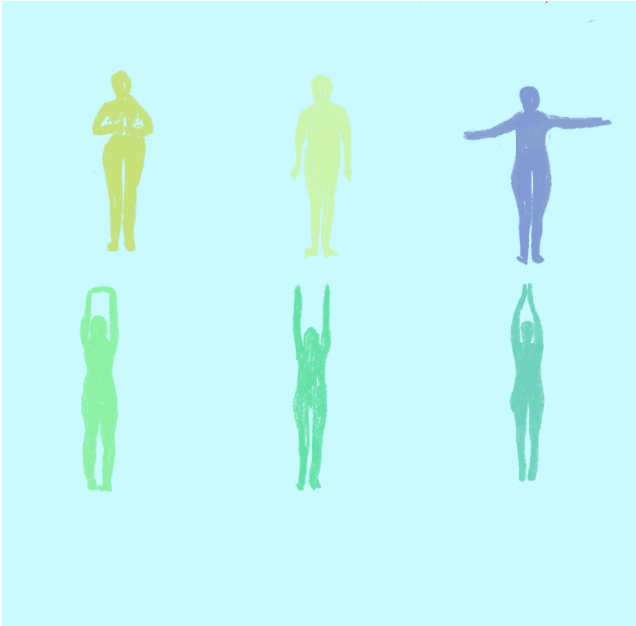




# Phase 9 Mountain Pose

English 9

① Describe these poses. Number them and write the description next to the number.



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# Phase 9 Mountain Pose

English 9



## Listening

Listen to the mountain story.



Answer the following questions. Write sentences.

- 1 Are there days when you feel like a mountain?
- 2 Are there days when you do not feel strong and stable?
- 3 Could the mountain pose help you and when could it help you?

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