



AB: Text based tasks 2

English

① Answer the questions in complete sentences.

- What is mindfulness meditation?

Three horizontal grey bars for writing the answer to the first question.

- What is meditation?

Three horizontal grey bars for writing the answer to the second question.

- The aim of mindfulness meditation is?

Three horizontal grey bars for writing the answer to the third question.

② Ask questions. Use four different question forms.

You are taking part in a meditation workshop. Ask the meditation instructor questions about meditation. Ask four questions.

Eight horizontal lines for writing the four questions.

