AB: Text based tasks 1 English

A . Text-based tasks

① Decide whether the statements are true, false or not in the text.

	true	false	not in the text
Confidence means to be ashamed of yourself.	0	0	0
Your goals should be achievable and concrete.	0	0	0
We are all the same.	0	0	0
There are plenty of motivational trainings.	\circ	\circ	\circ
Knowing that you are already great the way you are right now is crucial.	0	0	0
Best is to ban your devices from your room before going to bed.	0	\circ	0

(2) Finish the sentences using the information given in the text.

•	Before	going to	bed you	u should .	
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• Your peers can ...

• To be confident you have to ...



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3	Answer the questions in complete sentences.
	What varies because we are individual?
	What helps to see things clearer?
	Describe the really important concept mentioned at the end of the text.
4	Ask questions. Use four different question forms.
	You are talking to your best friend about confidence. You want to know about his/her confidence. Ask questions.

